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Hazelbrook Recovery eNewsletter Sign Up

REAL People. REAL Recovery.

Hazelbrook Sober Living is an award-winning recovery program with both men's and women's homes in the Denver Metro and Colorado Springs area. Our goal is lasting sobriety, which comes from a personal commitment to a change in lifestyle and personal growth.



What Makes Hazelbrook Different?

At Hazelbrook, we realize lasting recovery doesn't come from a one-size-fits-all approach. Our proven structure consists of a full-time on-site house manager as well as community and peer coaching support. We also offer a variety of groups and programs to support our residents in building a productive and fulfilling way of life. Fostering healthy habits and behaviors is important to preparing every member of the Hazelbrook family for success.

We connect each of our residents with a **Peer Recovery Coach**. This mentor, who is in long term recovery themselves, works with the resident to remove barriers and overcome obstacles necessary for success. Our Recovery Coaching Program accelerates the progress of recovery by providing greater focus and awareness of choices, actions, and responsibility.

Transitional Safety Zone Program

Sobriety is a requirement for entering our sober living homes. However, most individuals are released from detox facilities before they are fully detoxed or clean. Our Transitional Safety Zone Program (TSZ) offers these individuals a safe space to complete the detox process in a loving, well-equipped house with round-the-clock management, setting them up for a successful recovery.

Interested in Joining Us?

Denver Metro Homes
Cost \$845/month
or \$225/week
Monthly Supply Fee - \$30
One-time Intake Fee - \$150

Questions? Contact
Intake@HazelbrookSoberLiving.com
 303-800-7009

Promoting a Fulfilling, Sober Lifestyle

We also offer all of our residents a *free* membership to **Hazelbrook Community Center**, where they can partake in yoga, fitness, boxing, jiu jitsu, music, art, sober events, and more. Learn more by visiting www.HazelbrookCommunity.org.

>>Apply Online Today!<<
www.HazelbrookSoberLiving.com

Specialized Recovery Services

- FitRecovery
- NA, AA, or other recovery meetings of choice
- All Recovery
- Promote spiritual growth
- Self-care
- Leadership in Recovery (for those displaying leadership skills)
- The Art of Recovery
- "The Movement" Women's Group
- Authentic Manhood

