

Hazelbrook

RECOVERY

Hazelbrook Recovery is passionate about walking with individuals on their journey to lasting recovery from drug and alcohol addiction. We believe it takes a combination of proven programs, counseling, accountability, new opportunities, respect, and love to help someone succeed in building a new, healthy way of life. Our three different organizations offer a comprehensive list of services, resources, and leadership opportunities to help REAL People experience REAL Recovery.

Get Connected!



Hazelbrook Recovery eNewsletter Sign Up

REAL People. REAL Recovery.

Hazelbrook

SOBER LIVING



Hazelbrook

COMMUNITY CENTER

Hazelbrook

RECOVERY SERVICES

Hazelbrook Recovery Services is the clinical branch of our recovery services. We look forward to servicing our clients with professionals trained and licensed in the state of Colorado to support our clients.

Treatments Offered

- Individual Outpatient Therapy
- Group Outpatient Therapy
- Medication-Assisted Treatment (MAT)

TSZ Program

Sobriety is a requirement for entering sober living homes. However, most individuals are released from detox facilities before they are fully detoxed or clean. Our **Transitional Safety Zone Program (TSZ)** offers these individuals a safe space to complete the detox process in a loving, well-equipped house with round-the-clock management, setting them up for a successful recovery.

Hazelbrook Community Center is a one-of-a-kind recovery facility designed to assist individuals by offering programs to develop body, mind, spirit, and life skills, which leads to lasting recovery. Classes are free. **24 hours of clean/sober** time is required to participate.

Programs and Classes Offered

- FitRecovery
- Boxing
- Peer Support Specialists
- Weight room
- Recovery Out Loud
- Art of Recovery
- Recovery Yoga
- Spiritual Growth programs
- Life Skills Classes

Hazelbrook Community Center is a Colorado Non-profit Corporation.

Hazelbrook Sober Living is an award-winning recovery program with both men's and women's homes in the Denver Metro and Colorado Springs area.

Specialized Recovery Services

- Peer Recovery Coach
- NA, AA, or other recovery meetings of choice
- All Recovery
- Promote spiritual growth
- Self-care
- Leadership in Recovery (for those displaying leadership skills)
- The Art of Recovery
- "The Movement" Women's Group
- Authentic Manhood

Contact Us Today 303-800-7009

